



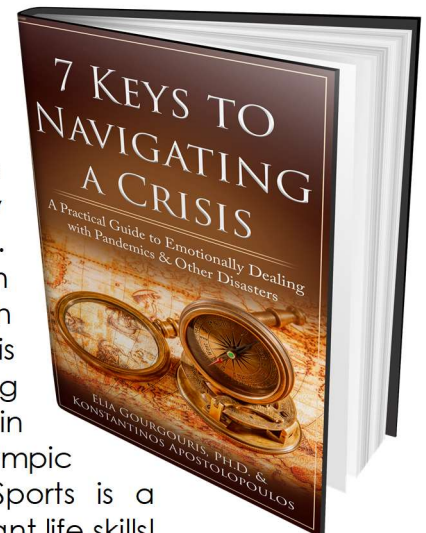
KONSTANTINOS APOSTOLOPOULOS

Author Bio

Konstantinos Apostolopoulos is the Founder & CEO of Fresh Biz Solutions, a Human Capital Management consulting group that provides performance improvement and training solutions to help organizations develop their people, improve business results, and reap the benefits of a comprehensive Talent Management strategy. He is also the coauthor of the timely book, "7 Keys to Navigating a Crisis: A Practical Guide for Emotionally Dealing with Pandemics & Other Disasters," and a regular contributor to Thrive Global and Achievers Engagement Blog.

Konstantinos is a recognized speaker and sought-after expert in performance and change management that has delivered hundreds of workshops and events for leaders in North America and Europe, sharing fresh ideas and best practices that engage his audience and empower participants to take the next bold step forward in their professional and personal life. Drawing on many years of experience as a consultant and award-winning coach, Konstantinos has been helping organizations manage their transformational change efforts and prepare their leaders to handle difficult transitions.

As a young man in Greece, he experienced firsthand the devastation left behind by natural and economic disasters. As an adult, he was fortunate to help play a small part in the rebuilding efforts in New Orleans after Hurricane Katrina. Today he helps others navigate the challenges brought by major events in their lives. When not working with business leaders, "Coach Kon" gives back to his community by developing young soccer players in local, state, and Olympic Development Programs. Sports is a great way to teach important life skills!



CONTACT

PHONE:

303.229.4845

WEBSITE:

www.freshbizsolutions.com

EMAIL:

kon@freshbizsolutions.com